

Informed Consent: CO2RE Intima

I understand that the CO2RE CO2 laser is a device used for remodeling of the tissue. Although laser surgery for vaginal rejuvenation conditions has been very effective, there is no guarantee of the results this treatment. I understand that clinical results may vary depending on individual factors, including but not limited to medical history, skin type, patient compliance with pre/post treatment instructions, and individual response to treatment. I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications and given the chance to ask questions. I confirm that I have informed the staff regarding any current or past medical condition, disease or medication taken. I confirm that I have had an up to date normal PAP test and that I have communicated these results. I consent to the taking of photographs for their use of medical documentation only.

I understand the **most common side effects** and rare complications from this treatment are the following:

1. *Soreness/Pain* – You may experience mild-moderate pain during or after the procedure. If you feel significant discomfort after the treatment, you may use over the counter medications after the procedure. Taking 400-800 mg Ibuprofen 30 minutes before the procedure helps control the pain after.
 - a. Urination may sting for the first 1-2 days after treatment
2. *Swelling* – there may be swelling in the treatment areas which can last up to 1-2 weeks.
3. *Bruising* – You may experience temporary bruising or purple discoloration in the treated area which will subside with healing.
4. *Blistering* – You may experience some temporary blistering which will subside with healing.
5. *Burn* – You may experience a burn which can be mild, moderate or severe to different degrees in the treatment area. Minor burns generally heal without difficulty but more severe burns, though rare, can lead to scarring, sensory or pigmentary changes. We always choose safe settings to minimize this risk.
6. *Pigmentary changes*: You may experience lightening of the skin (hypopigmentation) or darkening of the skin (hyperpigmentation). Both may be temporary or permanent
7. *Scarring*: The risk of this complication is minimal but it can occur whenever the surface of the skin is disrupted. Strict adherence to all post-operative instructions will minimize the possibility of this occurring.
8. *Allergic reaction*: It is possible to experience an allergic reaction to an anesthetic, topical cream or oral medication.
9. *Herpes Eruption*: It is possible, even with antiviral prophylaxis, to experience a herpes eruption if you are a HSV carrier. Inform your doctor immediately if you experience pain, skin eruption or blistering posttreatment so that the proper treatment can be initiated.
10. *Infection* - Infection is unlikely, but can be life -threatening if it does occur and is left untreated; signs and symptoms of infection are redness, fever, pain, pus, foul odor and abnormal swelling. Should infection occur, contact your doctor for immediate evaluation and treatment.

POST-TREATMENT GUIDELINES

- After the treatment you may apply a water based lubricant or Aquaphor
- Gently cleanse the area with mild cleanser and water twice per day. Have gentle wet or baby wipes on hand to keep the area clean after urination.
- Avoid sexual intercourse or anything placed in vagina **for 7 days**
- No tampon use for 7 days. Keep pads or panty liners on hand in case of any spotting or discharge.
- No tub baths, Jacuzzis, or swimming until skin is completely healed.
- You may apply ice for swelling and pain.

I have read and fully understand the contents of this consent form. **I authorize Premier Plastic Surgery and Aesthetics to perform the CO2RE Intima treatment**

Patient Signature _____ Date _____