

# CO<sub>2</sub>RE INFORMED CONSENT

## Do you currently have any of the following conditions?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Pregnancy or breast feeding | <input type="checkbox"/> Cardiac disorder                                    | cause photosensitivity (see back)   |
| <input type="checkbox"/> Accutane in last 6 months.  | <input type="checkbox"/> Diseases worsened by light (lupus, epilepsy)        | <input type="checkbox"/> History of abnormal or keloid scarring                             |
| <input type="checkbox"/> Pacemaker or defibrillator. | <input type="checkbox"/> History of cold sores                               | <input type="checkbox"/> Recent waxing, laser treatment or chemical peels in treatment area |
| <input type="checkbox"/> Active skin infections      | <input type="checkbox"/> Hormonal therapy                                    |   |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Recent antibiotics, or other medications/herbs that |   |
| <input type="checkbox"/> Bleeding disorder           |  |   |
| <input type="checkbox"/> Cancer                      |  |   |

## Skin Type: Results of exposure to the sun without protections for one hour. Choose one.

- |  |  |
|--|--|
| <input type="checkbox"/> <b>Type I:</b> Always burn, never tan             | <input type="checkbox"/> <b>Type IV:</b> Rarely burn, tan with ease  |
| <input type="checkbox"/> <b>Type II:</b> Usually burn, tan with difficulty | <input type="checkbox"/> <b>Type V:</b> Rarely burn, tan very easily |
| <input type="checkbox"/> <b>Type III:</b> Sometimes burn, usually tan      | <input type="checkbox"/> <b>Type VI:</b> Never burn, tan very easily |

Have you had any prolonged exposure to sun or tanning booth in the last month? \_\_\_\_\_

Do you use self-tanning lotion? \_\_\_\_\_

## I understand the following are the most common side effects and complications:

- **Pain** – The sharp, burning sensation of each laser pulse may produce a moderate to severe amount of discomfort. Topical anesthetics, anesthetic injections, and/or oral medication may be used to block the pain.
- **Swelling, oozing, blistering** – Areas most likely to swell are around the eyes and neck. A clear fluid may be present and create a crust or scab, especially if the areas are not kept moist with a healing ointment. All attempts should be made to prevent scabbing. Blisters can occur and normally heal without incident.
- **Prolonged skin redness** – The treated areas will initially appear bright red. After the first few days to one week, the redness can be camouflaged with make-up – but only if the skin is healed. The redness will fade to pink over three to four weeks, and return to normal skin color over the next one to two months.
- **Skin darkening** (hyperpigmentation) – An exaggerated “tanning” with possibility of thick microcrust of the skin can occur and will fade within one week to two months. This reaction is more common in patients with olive or dark skin tones, and can worsen if the treated area is exposed to sun.
- **Skin lightening** (hypopigmentation) – Rarely, light spots can appear in an area of skin that has already received prior treatment, or can be a delayed response to laser treatment. The area can darken or re-pigment in several months, but could potentially be permanent.
- **Scarring** – The risk of this complication is minimal, but it could occur any time the skin’s surface is disrupted. Strict adherence to post-operative instructions will reduce possibility of this occurrence.
- **Infection** – This risk is minimized by use of the vinegar soaks, proper face washing, proper hygiene and hand washing. You will be monitored throughout recovery for signs and treated appropriately.
- **Allergic reaction** – Allergic reaction to topical creams or oral medications can occur.
- **Ectropion** – In very rare instances, a downward pull of the lower eyelid around the eyes. Continued on next page
- **Acne or milia formation** – Flare up acne or formation of milia can occur in the post treatment period.

By signing below, I acknowledge I have read and understand all information above, as well as that contained within the information sheet. I have discussed alternative treatments, risks of proposed treatment, and

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implications of not treating my current condition. I hereby freely consent to laser treatment to be performed and authorize the taking of clinical photos for provider use only.

Although laser treatment has been shown to be highly effective, clinical results vary due to factors such as medical history, amount of sun damage or textural problems, skin type, and patient compliance. I understand there is a possibility of needing more than one treatment.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Drugs Potentially Causing Photosensitivity:

### Anticancer Drugs

Dacarbazine  
Fluorouracil  
Flutamide  
Methotrexate  
Vinblastine

### Acne Medications

Isotretinoin (Accutane)  
Tretinoin (Retin-A)

### Antidepressants/Others

Amitriptyline  
Amoxapine  
Clomipramine  
Desipramine  
Doxepin  
Imipramine  
Maprotiline  
Nortriptyline  
Phenelzine  
Protriptyline  
St. John's Wart  
Trazodone  
Trimipramine  
Carbamazepine  
Cyclobenzaprine  
Diazepam  
Meprobamate  
Phenobarbital  
Phenytoin

### Antihistamines

Azatadine  
Clemastine  
Cyproheptadine  
Diphenhydramine  
Terfenadine

### Antimicrobials

Ciprofloxacin  
Clofazimine

Dapsone  
Demeclocycline  
Doxycycline  
Enoxacin  
Flucytosine  
Griseofulvin  
Lomefloxacin  
Methocycline/Minocycline  
Nalidixic Acid  
Narfloxacin  
Ofloxacin  
Oxytetracycline  
Pyrazinamide  
Sulfonamides (Bactrim, Septra)  
Tetracycline

### Antiparasitic

Chloroquine  
Quinine  
Thiabendazole

### Antipsychotic

Chlorpromazine  
Fluphenazine  
Haloperidol  
Perphenazine  
Prochlorperazine  
Thioridazine  
Thiothixane  
Trifluoperazine

### Cardiac/ High Blood Pressure

Amiodarone  
Atenolol/propranolol  
Captopril  
Diltiazem  
Lisinopril  
Methyldopa  
Minoxidil  
Nifedipine  
Verapamil

### Diuretics

Acetazolamide  
Amiloride  
Bendroflumethiazide  
Benzthiazide  
Chlorothiazide  
Furosemide  
Hydrochlorothiazide  
Hydroflumethiazide  
Methyclothiazide

### Hypoglycemics

Acetohexamide  
Chlorpropamide  
Glipizide  
Tolazamide  
Tolbutamide

### NSAIDS

Diclofenac  
Fenoprofen  
Flurbiprofen  
Indomethacin  
Ketoprofen  
Meclofenamate  
Naproxen  
Phenylbutazone  
Piroxicam  
Sulindac

### Others

Bergamot oil  
Oils of citron, lavender, lime,  
sandalwood  
Benxocaine  
Clofibrate  
Birth control  
Etretinate  
Gold salts  
Hexachlorophene  
Lovastatin  
St. John's Wart